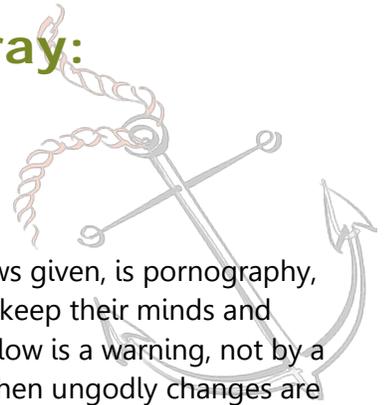




"Fifty Shades of Gray: Skip This Movie"



The series of books (Fifty Shades of Gray), based on all the reviews given, is pornography, plain and simple. It is certainly not what Christians, who seek to keep their minds and hearts pure, would be reading. Now there is a movie coming out. Below is a warning, not by a gospel preacher or elder, but a psychiatrist. We are living in a time when ungodly changes are rapidly occurring in our present culture. Think of all the changes over the past 10 years! Who would have believed it! This week, the state of Alabama, of all places, started allowing same-sex marriages. This is a state that has always been referred to as the "buckle" of the Bible belt. Truly sad!

We must not allow ourselves to be deceived by the world and what is coming to the "silver screen". Valentine's Day! A great date movie---don't be deceived, especially young people!

"Woe to those who call evil good, and good evil; Who put darkness for light, and light for darkness. Who put bitter for sweet, and sweet for bitter!" (Isa. 5:20). (R.J. Evans)

A Psychiatrist's Letter to Young People About 50 Shades of Grey

MIRIAM GROSSMAN, M.D.

There's nothing gray about Fifty Shades of Grey. It's all black. I help people who are broken inside. I ask questions, and listen carefully to the answers.

One thing I've learned is that young people are utterly confused about love — finding it and keeping it. They make poor choices, and end up in lots of pain.

I don't want you to suffer like the people I see in my office, so I'm warning you about a new movie called Fifty Shades of Grey. Even if you don't see the film, its toxic message is seeping into our culture, and could plant dangerous ideas in your head.

Fifty Shades of Grey is being released for Valentine's Day, so you'll think it's a romance, but don't fall for it. The movie is actually about a sick, dangerous relationship filled with physical and emotional abuse. It seems glamorous, because the actors are gorgeous, have expensive cars and planes, and Beyoncé is singing. You might conclude that Christian and Ana are cool, and that their relationship is acceptable.

Don't allow yourself to be manipulated! The people behind the movie just want your money; they have no concern whatsoever about you and your dreams.

Abuse is not glamorous or cool. It is never OK, under any circumstances.

This is what you need to know about Fifty Shades of Grey: as a child, Christian Grey was terribly neglected. He is confused about love because he never experienced the real thing. In his mind,

love is tangled up with bad feelings like pain and embarrassment. Christian enjoys hurting women in bizarre ways. Anastasia is an immature girl who falls for Christian's looks and wealth, and foolishly goes along with his desires.

In the real world, this story would end badly, with Christian in jail, and Ana in a shelter — or morgue. Or Christian would continue beating Ana, and she'd stay and suffer. Either way, their lives would most definitely not be a fairy tale. Trust me on this one.

As a doctor, I'm urging you: DON'T see Fifty Shades of Grey. Get informed, learn the facts, and explain to your friends why they shouldn't see it either.

Here are a few of the dangerous ideas promoted by Fifty Shades of Grey:

1. **Girls want guys like Christian who order them around and get rough.**

No! A psychologically healthy woman avoids pain. She wants to feel safe, respected and cared for by a man she can trust. She dreams about wedding gowns, not handcuffs.

2. **Guys want a girl like Anastasia who is meek and insecure.**

Wrong. A psychologically healthy man wants a woman who can stand up for herself. If he is out of line, he wants her to set him straight.

3. **Anastasia exercises free choice when she consents to being hurt, so no one can judge her decision.**

Flawed logic. Sure, Anastasia had free choice — and she chose poorly. A self-destructive decision is a bad decision.

4. **Anastasia makes choices about Christian in a thoughtful and detached manner.**

Doubtful. Christian constantly supplies Anastasia with alcohol, impairing her judgment. Also, Anastasia becomes sexually active with Christian — her first experience ever — soon after meeting him. Neuroscience suggests their intimacy could jump start her feelings of attachment and trust, before she's certain he deserved them. Sex is a powerful experience — particularly the first time. Finally, Christian manipulates Anastasia into signing an agreement prohibiting her from telling anyone that he is a long time abuser. Alcohol, sex, manipulation — hardly the ingredients of a thoughtful, detached decision.

5. **Christian's emotional problems are cured by Anastasia's love.**

Only in a movie. In the real world, Christian wouldn't change to any significant degree. If Anastasia was fulfilled by helping emotionally disturbed people, she should have become a psychiatrist or social worker.

6. **It's good to experiment with sexuality.**

The bottom line: the ideas of Fifty Shades of Grey are dangerous, and can lead to confusion and poor decisions about love. Maybe for adults in a healthy, long term, committed, monogamous relationship, AKA "marriage". Otherwise, you're at high risk for STDs, pregnancy, and sexual

assault. It's wise to be very careful who you allow to get close to you, physically and emotionally, because just one encounter can throw you off track and change your life forever.

The bottom line: the ideas of Fifty Shades of Grey are dangerous, and can lead to confusion and poor decisions about love. There are vast differences between healthy and unhealthy relationships, but the movie blurs those differences, so you begin to wonder: "What's healthy in a relationship? What's sick? There are so many shades of grey — I'm not sure."

Listen, it's your safety and future we're talking about here. There's no room for doubt: An intimate relationship that includes violence, consensual or not, is completely unacceptable.

This is black and white. There are no shades of grey here. Not even one.

Editor's note:

What is considered gray to Hollywood is seen as black to those of us who fear God and use His word as a compass for the soul. Hollywood's filth is not fit for God's holy people. The mire for swine to wallow in is not appropriate for those who want to wear robes of white (2 Pet. 2:22; Rev. 3:5, 18; 4:4; 19:14). There is nothing gray about fornication or viewing pornography. These sins will separate you from the love of God and will end up not only potentially wrecking your life here, but also your life hereafter. Read Proverbs seven regarding such dangers and apply your mind to God's wisdom to avoid these pitfalls of the soul. "Marriage is honorable among all, and the bed undefiled; but fornicators and adulterers God will judge" (Heb. 13:4). Get that! Fornication and adultery are neither gray nor white. "Do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived. Neither fornicators, nor idolaters, nor adulterers, nor homosexuals, nor sodomites, nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners will inherit the kingdom of God" (1 Cor. 6:9, 10).

Young people, Hollywood does not care about your soul or your life; they simply want your money. Do not give it to them, and stay away from these snares. There is nothing gray about sin, and we are to abstain from every form of it (1 Thess. 5:22; see also Gal. 5:19–21). Likewise, center your thoughts and direct your energy toward things that are pure and lovely. "Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things" (Phil. 4:8).



—Steven J. Wallace